

## About Relationships Australia Victoria

Relationships Australia Victoria (RAV) is a community-based, not-for-profit organisation with no religious affiliations. We have over 70 years' experience providing family and relationship support services from more than 18 locations across Melbourne and Victoria.

We are committed to providing safe, inclusive and accessible services for all people.

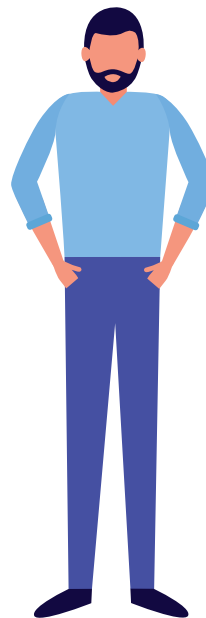
For more information about RAV, visit [www.rav.org.au](http://www.rav.org.au)



*Relationships Australia Victoria acknowledges the Aboriginal and Torres Strait Islander peoples as the Traditional Owners of the lands and waterways of Australia. We support Aboriginal people's right to self-determination and culturally safe services.*

# Men's Case Management Program

Free, tailored support for men who want to stop their use of violent and abusive behaviours.



Relationships Australia Victoria acknowledges the support of the Victorian Government.

Relationships Australia<sup>®</sup>  
VICTORIA

## Who can use the program?

The Men's Case Management Program offers individual support for men aged 18 years and over who want to take responsibility for and stop their violent behaviour, and are struggling with other challenges that are making this change difficult.

These challenges may include:

- housing difficulties and homelessness
- drug and alcohol use
- mental health issues.

## How is the program provided?

The program can be provided face-to-face or by telephone. We will work with you to develop your goals to address the following areas of the program.

### Referrals to services to assist you with:

- accommodation
- mental and physical health problems
- drug and alcohol use
- parenting issues
- finances
- legal issues
- employment
- social supports.

### Education about family violence

- Understanding the impact of abuse, control and violence on family members.
- Understanding the impact of family violence on children.
- Referral to a Men's Behaviour Change Program.

### Family safety support

Family safety is a vital part of the program, so our staff will make contact with your family members to offer them support and assistance they might need.

We do this because people exposed to or affected by family violence also need support.

## Getting started

To get started, contact one of our centres in Boronia, Kew, Cranbourne North or Sunshine to make a time to meet privately with one of our case managers and talk about your circumstances.

If the program is suitable for you, we can provide you with up to 20 hours of support over a period of time that meet your needs.

During this time, your case manager will work together with you to identify your goals that are related to your behaviours that you want to change, and they will connect you to relevant support services. In some circumstances, we may also be able to provide assistance in meeting costs associated with accessing these services.

## Contact us

To find out more about the program or to make an appointment with a case manager, please contact your nearest centre.

### Boronia and Kew

Phone: (03) 9261 8700  
Email: [mcmkew@rav.org.au](mailto:mcmkew@rav.org.au)

### Cranbourne North

Phone: (03) 5911 5400  
Email: [mcm@rav.org.au](mailto:mcm@rav.org.au)

### Sunshine

Phone: (03) 8311 9222  
Email: [mcmsunshine@rav.org.au](mailto:mcmsunshine@rav.org.au)

## Cost

This program is fully-funded and provided at no cost to clients.