

# Clinical Supervision & Workplace Practice Program

For graduates of Relationships Australia Victoria's Specialist Course in Integrative Couple Therapy

Relationships Australia<sup>®</sup>

VICTORIA



**This interactive, small group program provides graduates of our Specialist Course in Integrative Couple Therapy opportunities to view and reflect on live couple counselling sessions with the support and feedback of an experienced psychotherapist and trainer.**

The program can be completed standalone, alongside our Specialist Course Clinical Internship, or as part of the Swinburne University Master of Social Science (Couple Counselling).

In each of the 12, weekly sessions, students watch a live or pre-recorded projection of a couple counselling session. Using knowledge gained through readings and an orientation, they formulate reflections that are then offered to the couple by their counsellor and a representative from the student team.

This reflecting model provides a rich, interactive and supportive environment for students to enhance their training and professional development. It also offers clients another dimension to their therapeutic experience, often deepening and enhancing outcomes. At the end of the session, the couple is invited to discuss the team's reflections with their counsellor.

The counsellor and reflecting team then debrief and have a facilitated discussion. This provides the opportunity for students to experiment with different theoretical lenses, hypothesise about the couple and the work, think about directions taken and/or not taken, and offer suggestions for the next session.

## About the facilitator

**Maggie O'Shea** is a registered relationship psychotherapist with the Australian Health Practitioner Regulation Agency, an emotion focused therapist and a mental health social worker. In addition to facilitating the Specialist Course in Integrative Couple Therapy, she is also a member of the Clinical and Counselling Colleges and has provided supervision for many years in private practice and training contexts.

## What sets our program apart

- ✓ Convenient, part-time contact hours.
- ✓ Interactive learning experiences.
- ✓ On-site at a busy service delivery centre.
- ✓ Facilitated by an experienced relationship psychotherapist and trainer.
- ✓ Provided by an organisation with over 75 years' counselling experience.

## When

12 weekly sessions on Tuesdays, 10am - 1pm.  
30 July to 22 October 2024.  
No session on 10 September.

## Where

Relationships Australia Victoria  
Carrington Hall  
46 Princess Street, Kew

## Cost

\$2280 including GST

## Enquiries

To learn more or express your interest:

- Call (03) 9261 8702
- Email [scict@rav.org.au](mailto:scict@rav.org.au)
- Complete our expression of interest form at [rav.org.au/accredited-training/SCICT-WPP](http://rav.org.au/accredited-training/SCICT-WPP)



We acknowledge First Nations peoples as the Traditional Owners and Custodians of the lands and waterways of Australia and support their right to self-determination and culturally safe services.