

Leadership Circles workshops

A mental health education program

Relationships Australia[®]

VICTORIA

Tailored workshops for your school staff

Our new series of Leadership Circles workshops are designed by experienced mental health professionals to enhance the knowledge and skills you need to support child/youth health and wellbeing.

We can deliver one, some or all of our customised workshops to staff and educators in your school community.

Relationship Australia Victoria is a specialised training provider, offering research and evidence-led workplace training services in family dispute resolution, mediation, counselling, family violence and primary prevention.

Our customised training offerings are designed to enhance support for children, students and school communities affected by mental health difficulties, trauma, grief/loss and family violence.

Our Leadership Circles offer:

- personalised one-on-one consultancy, including initial scoping to ensure we understand your school's unique needs
- a tailored, needs-based approach to workshop design and delivery, led by experienced education consultants
- research and evidence-led programs that incorporate leading clinical practice
- flexible learning solutions, with on-site, online, webinar and blended delivery available.

If you want to **increase your understanding and competency** as a wellbeing leader, **gain confidence** in talking to students, build your **collaborative working skills** and learn how to **plan for safety**, our workshops are for you.

Topics include:

- ✓ Responding to family violence
- ✓ Supporting separated families
- ✓ Leading mental health conversations with children/teens
- ✓ Supporting children and/or teens to navigate gender inclusion and diversity
- ✓ Supporting children and teens in Rainbow Families
- ✓ Leading across cultures

Start your customised training journey

If you're committed to supporting the mental health and wellbeing of your school community, contact us today:

 (03) 8573 2222

 ravtraining@rav.org.au

 rav.org.au/customised-training

One of our education consultants will organise a time with you to discuss your individual learning needs. We will then provide a tailored training proposal.

We acknowledge the Aboriginal and Torres Strait Islander peoples as the Traditional Owners of the lands and waterways of Australia. We support Aboriginal people's right to self-determination and culturally safe services.

