

# Teleplay Virtual Wellbeing Rooms

Free play therapy and counselling for children aged 0-11 years who have been impacted by the East Gippsland bushfires.

Teleplay allows counsellors to provide high quality therapy to children via a video link.

The virtual rooms are designed to encourage children to actively participate in sessions, just as they would in a face-to-face therapy session.

Sessions enable children to have a positive, fun and engaging experience, with opportunities to take part in a wide range of therapeutic activities.

## Our service is:

**Effective:** High quality teleplay can be as effective as face-to-face sessions and carers and children often find the sessions engaging and beneficial. Children can work on and achieve their therapeutic goals just as they would in a face-to-face session.

### Provided by highly-experienced staff:

Our staff are qualified and experienced in working with children aged 0-11 years and are trained to deliver teleplay and wellbeing support via telehealth.

**Flexible and convenient:** Children can receive services at home or in another familiar location that's comfortable for them and convenient for you, without the need for extra travel.

**Quick and easy to access:** Before your session, we will email you a Zoom video link.

All you need is:

- a device with video and sound capability, such as a laptop, iPad or tablet
- a reliable internet connection
- a free Zoom account.

Children do not need to be 'skilled' at using their device as long as there is an adult to help open the video link. Our friendly admin staff can also assist if you have any difficulties.

## Get started

 1800 001 068

 [bushfiresupport@rav.org.au](mailto:bushfiresupport@rav.org.au)

 [rav.org.au/BushfireSupport](http://rav.org.au/BushfireSupport)

